

Grow with Girl Scouts Garden in a Box

As a Girl Scout, you know all about making the world a better place—that’s what Girl Scouts do! Now there’s a new way you can help people. Girl Scouts Garden in a Box is a simple, water-saving way to grow herbs and vegetables. The box includes “seed tape,” which is easy to work with and doesn’t need a lot of water to grow fresh vegetables and herbs.

Talk to your parent, guardian, or Girl Scout volunteer about planting a Garden in a Box, which can be found in the [Girl Scout Store](#). There are three “mixes” to choose from, and here’s the best part: for every box sold, one will be donated to a family in need.

Ready to plant? Go for it! It doesn’t have to be a special time of year, and you don’t need a lot of room—these gardens are small enough to plant indoors or out. And you can do some badge or Journey work while your garden is growing. Here are some ideas to get you started!

Daisy:

On the *Welcome to the Daisy Flower Garden Journey*, you plant a mini garden with your Girl Scout friends. With help from an adult, use your seed tape to plant your garden in a warm, sunny place (either outside, or in a pot by a sunny window). Draw pictures of how you think the garden will look when it’s fully grown.

Brownie:

In Step 1 of the Brownie Snacks badge, you can jump into the world of snacks by investigating a fruit or vegetable. Choose one of the vegetables or herbs you’re growing with your seed tape and learn more about it. How do you know when it’s ready to eat? Why is it good for you? If you can, visit a grocery store or farmer’s market and ask how far your herb or vegetable “travels” to get to where you live.

Junior:

In Step 2 of the Junior Simple Meals badge, you’ll whip up a great breakfast. Use one of the vegetables or herbs you’re growing to make an easy weekday breakfast or a more elaborate weekend breakfast. (You could add fresh basil to an omelet or make pumpkin muffins, for example.) Feel free to try more than one recipe—that way you’ll know which one is your favorite when your herbs or vegetables are fully grown!

